SENEGAL

Improving the quality of nutrition for women and adolescent girls

Interventions

Weekly supplementation

Iron and folic acid tablets will be distributed to adolescent girls in schools to combat anaemia.

Fortification of wheat flour across the country

Millers fortify flour with iron and folic acid, which then become part of the daily diet of women, future mothers and adolescent girls.

Reach

2 out of 3 adolescent girls attending school in Senegal

Weekly supplementation will reach 1.2 million female students in the regions of Dakar, Kaolack, Kolda, St. Louis, Sédhiou, Thies and Ziguinchor by 2020.

Impact

Increase in school attendance among adolescent girls.

Increase in academic performance.

More energetic and productive women and adolescent girls.

Reduction in cases of neural tube defects (spina bifida.)

Survival and health of protected mothers.