PHILIPPINES

Improving nutrition and health for pregnant women, newborns and young children

Interventions

Maternal nutrition

Pregnant women are supported to attend a minimum of 4 antenal checkups, and take daily iron-folic acid supplements. Health workers are supported to provide nutritional counselling and quality antenatal care.

Infant and young child nutrition

To improve the survival, nutritional status, growth and development of infants and young children, health workers are trained to support mothers to exclusively breastfeed their children for the first 6 months, introduce complementary foods at 6 months and support feeding practices for their children 6 to 24 months. Caregivers are provided with multiple micronutrient powders and educated on how to use them to fortify their child's complementary foods.

Reach

142,000 children under two years old in 45 municipalities in 7 provinces will benefit from improved nutrition through optimal breastfeeding, appropriate complementary feeding practices, and fortification of complementary foods in the home with multiple micronutrient powders.

91,000 pregnant women will receive iron-folic acid supplements, nutrition education and counselling at health facilities in 45 municipalities in 7 provinces.

Impact and long-term benefits

Improved health and wellbeing of pregnant women

Improved health and wellbeing of newborns

Stronger, healthier infants and children