Indonesia
Improving nutrition and health for women and adolescent girls

Interventions

Weekly supplementation
To prevent anaemia, adolescent girls receive iron-folic acid supplements in school. Government officials are supported to integrate nutrition into the curriculum, and teachers are trained to implement the program and teach girls about nutrition and wellbeing. Girls receive guidance on the benefits of supplementation and learn about how nutrition impacts their health.

Fortification of commercial wheat flour across the country
To reduce the risk of iron deficiency anaemia and folate deficiency in women and adolescent girls, the existing wheat flour fortification program will be strengthened through evidence-based recommendations to the national government for improving fortification standards.

Reach
13.9M & 4.9M women of reproductive age and adolescent girls across Indonesia will have access to commercial wheat flour fortified with iron and folic acid.

Impact and long-term benefits
- Improved health and wellbeing of pregnant women
- Improved health and wellbeing of newborns
- Increase in academic performance among adolescent girls
- More energetic and healthy women and adolescent girls
- Reduction in cases of neural tube defects (spina bifida)