

# INDONESIA

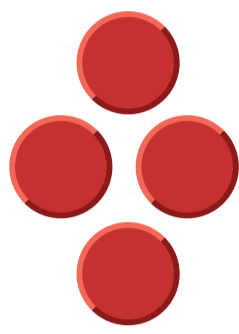


1.5M \$ FROM THE GOVT. OF CANADA

5 YRS 2015 2020

Improving nutrition and health for women and adolescent girls

## Interventions

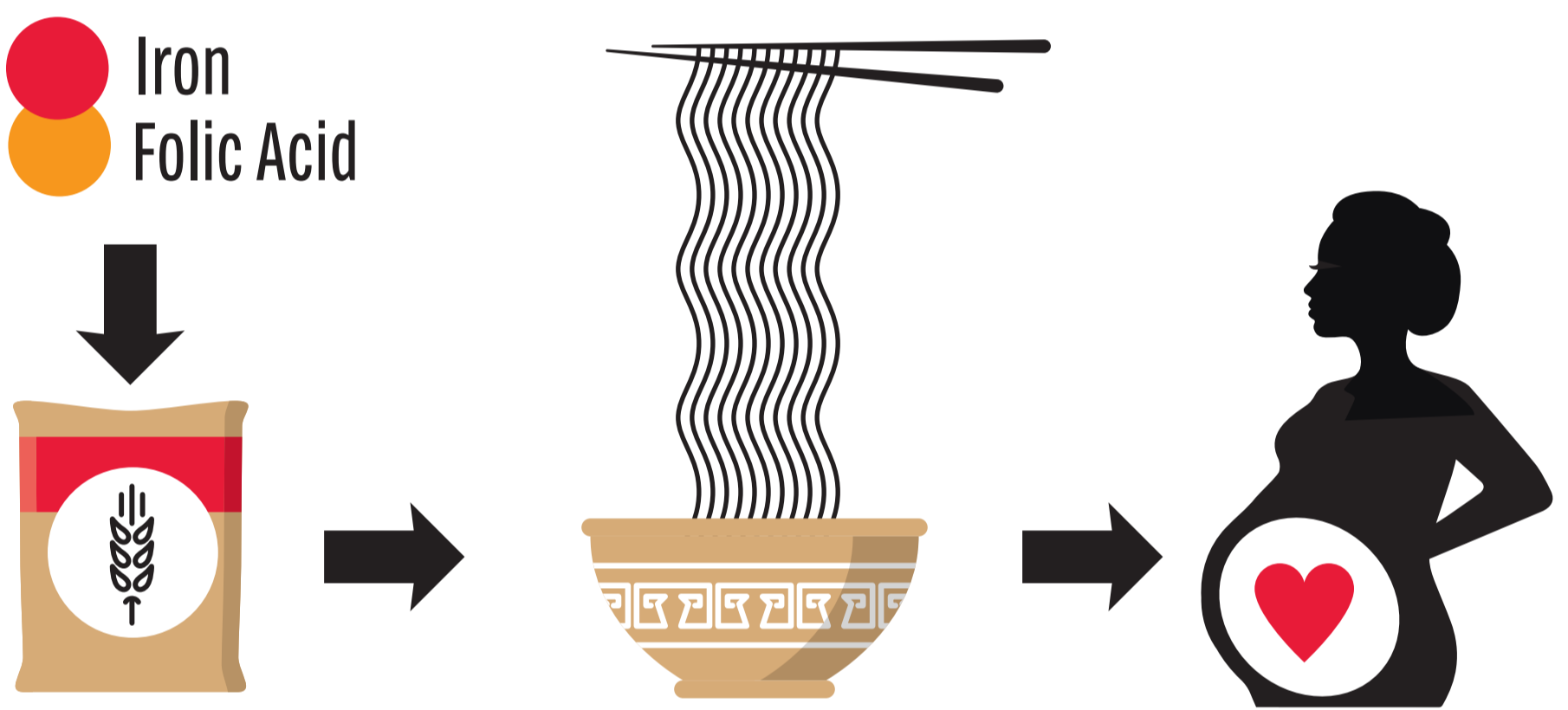


### Weekly supplementation

To prevent anaemia, adolescent girls receive iron-folic acid supplements in school. Government officials are supported to integrate nutrition into the curriculum, and teachers are trained to implement the program and teach girls about nutrition and wellbeing. Girls receive guidance on the benefits of supplementation and learn about how nutrition impacts their health.

### Fortification of commercial wheat flour across the country

To reduce the risk of iron deficiency anaemia and folate deficiency in women and adolescent girls, the existing wheat flour fortification program will be strengthened through evidence-based recommendations to the national government for improving fortification standards.



## Reach

**13.9M**

women of reproductive age and adolescent girls

across Indonesia will have access to commercial wheat flour fortified with iron and folic acid.

**& 4.9M**

additional adolescent girls

in 35 districts of West Java and Banten provinces will receive iron and folic acid supplementation and nutrition education at school.

## Impact and long-term benefits



Improved health and wellbeing of pregnant women



Improved health and wellbeing of newborns



Increase in academic performance among adolescent girls



More energetic and healthy women and adolescent girls



Reduction in cases of neural tube defects (spina bifida)