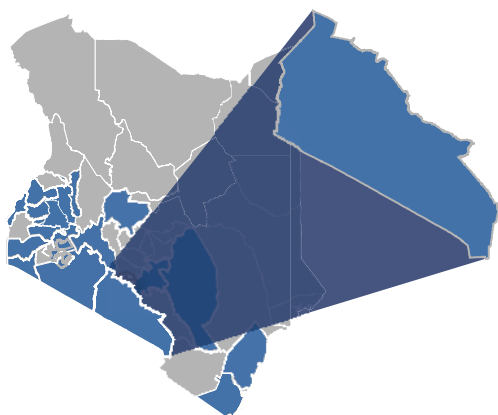


KAJIADO

COUNTY PROFILE

≡ KENYA



KAJIADO COUNTY AT A GLANCE

Total population: 1,117,840

Poverty Index: 47%

Main economic activity:

Pastoral

Number of health facilities:

260



THE NEED

Kajiado County has made progress in improving the health and nutritional status of its population, yet there is still much work to be done. Currently 25.3% of children under 5 are stunted, 10% are wasted and 22.5% are underweight. Only 44% of infants under 6 months are exclusively breastfed, lower than the national average of 61.4%. In addition, only 37.9% of pregnant women consume the iron and folic acid (IFA) supplementation regiment for the recommended 90 days or more. About 7.5% of children are born with low birth weight while in contrast, 44% of women 15-49 years are overweight, much higher than the national average of 32.8%. Kajiado County has made prevention a priority and is promoting measures to improve the wellbeing of the population. Nutrition International supports the County Department of Health, with a focus on improving health and nutrition services in the county, particularly for women and children.

OUR APPROACH

Nutrition International has been working closely with the County government of Kajiado since 2017 to help improve the nutritional status of its population. This requires involvement, leadership and coordination of county officials from various sectors including health, education, finance, agriculture, gender and social protection. Planning, implementation, monitoring and reporting of program activities is led by the County Health Management Team (CHMT), which includes the County Health Director, Nutritionist, Reproductive Health Coordinator, Health Accountant, County Child Health and Health Promotion, and Community Services coordinators. At the sub-county level, the implementation team consists of departmental heads who work closely with the CHMT and community health workers. A Nutrition International county nutrition coordinator oversees program implementation and facilitates the provision of technical support from the national office.

PROGRAMS SUPPORTED BY NUTRITION INTERNATIONAL IN KAJIADO COUNTY

Program	Key Result(s)
Maternal, Newborn and Child Health and Nutrition (MNCHN) Objectives: <ul style="list-style-type: none"> Strengthen the enabling environment for the delivery of quality MNCHN services to ensure the sustainability of the interventions Build the capacity of frontline health workers to promote and deliver quality MNCHN services 	<ul style="list-style-type: none"> 141 health service providers trained on IFA and birth package interventions Kangaroo Mother Care centres established at 1 referral hospital and 4 sub-county hospitals 35 traditional birth attendants trained as birth companions to increase deliveries in health facilities 70 community health volunteers (CHVs) trained on community-based maternal and newborn care Integrated supportive supervision for MNCHN and mentorship of frontline health care workers for improved service delivery
Infant and Young Child Nutrition (IYCN) Objectives: <ul style="list-style-type: none"> Build the capacity of health service providers and CHVs to deliver optimal IYCN care at the community level 	<ul style="list-style-type: none"> 9 county trainers-of-trainers trained on the Baby Friendly Community Initiative (BFCl) 16 health managers sensitized, and 21 frontline health care workers and 70 CHVs trained on BFCl 7 mother-to-mother and 7 father-to-father community groups established
Vitamin A Supplementation (VAS) Objectives: <ul style="list-style-type: none"> Improve nutrition, survival, health and development of children under 5 through VAS, which prevents blindness and boosts immune systems Reach at least 80% of children under 5 with two doses of VAS each year 	<ul style="list-style-type: none"> Sensitization and mentorship of 60 health care workers on VAS Support for the implementation of Malezi Bora (Child Health Days) twice annually Provision of vitamin A capsules to cover all children 6-59 months Routine data quality audits on VAS data conducted to ensure improved documentation and reporting
Advocacy for Budget Allocation for Nutrition Objectives: <ul style="list-style-type: none"> Secure commitments from political leaders for increased investments in nutrition Lobby county management for inclusion of nutrition activities in county strategic plans to ensure sustainability of the project 	<ul style="list-style-type: none"> 6 additional nutritionists deployed in the county Establishment of the County Anzilisha Implementation Team Establishment of the County Nutrition Technical Forum Supported the development of the County Nutrition Action Plan Supported the development of the County Annual Work Plan incorporating nutrition interventions

ABOUT NUTRITION INTERNATIONAL

Founded in 1992, Nutrition International is a global organization dedicated to delivering proven nutrition interventions to those who need them most. Working in partnership with countries, donors and implementers, our experts conduct cutting-edge nutrition research, support critical policy formulation, and integrate nutrition into broader development programs. Since 2006, Nutrition International Kenya has worked with government (national, and sub national) to support research, policy development and implementation of nutrition interventions. www.NutritionIntl.org

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