

NAKURU

COUNTY PROFILE

≡ KENYA



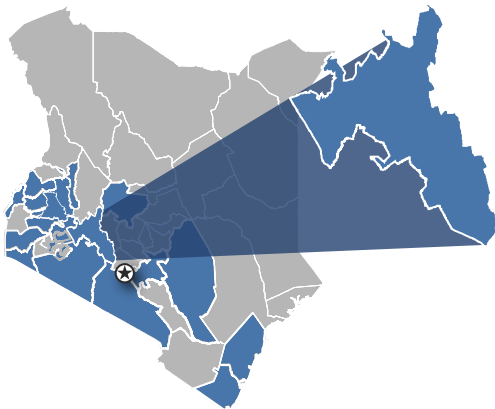
THE NEED

Indicators in Nakuru County show that progress has been made in the nutritional status of the population, but more work is required. Only 61% of pregnant women attended the recommended four or more antenatal visits, and only 70% of women had a skilled birth attendant present for delivery. Rates of stunting and underweight in children under five are 28% and 10% respectively. Nakuru County has committed to improving these numbers. Nutrition International supports the Department of Health, with a focus on building technical capacity and creating an enabling environment for improved health and nutrition services, especially for women, children and adolescent girls.

OUR APPROACH

Nutrition International has been working closely with the government of Nakuru County since 2017 to improve the nutritional status of its population through county health systems strengthening and service delivery. Health systems strengthening focuses on improving leadership and coordination, advocacy for domestic financing, strengthening data utilization for decision-making, and maternal, newborn, child and adolescent health and nutrition at the county level. The service delivery component focuses on quality delivery, utilization and adoption of proven low-cost, high-impact packages of interventions at the facility and community levels. Planning, implementation, monitoring and reporting of program activities is led by the County Health Management Team (CHMT). At the sub-county level, the implementation team consists of departmental heads who work closely with the CHMT and Community Health Volunteers (CHVs). The Nutrition International County Program Coordinator oversees program implementation and facilitates the provision of technical support from the national office.

Nutrition International's programs in Nakuru County target both the first window of opportunity (the first 1,000 days from conception) and the second window (adolescence) for child development, focusing on improving demand and utilization of health and nutrition services.



NAKURU COUNTY AT A GLANCE

Total population: 2,250,367

Poverty Index: 29.1%

Main economic activity:

Agriculture

Number of health facilities:

674

PROGRAMS SUPPORTED BY NUTRITION INTERNATIONAL IN NAKURU COUNTY

Program	Key Result(s)
Maternal, Newborn and Child Health and Nutrition (MNCHN) Objectives: <ul style="list-style-type: none"> Strengthen the enabling environment for delivering services Improve quality of services delivered and improve demand for, and utilization of, services 	<ul style="list-style-type: none"> 20 frontline healthcare workers trained on Kangaroo Mother Care (KMC) and essential newborn care Two KMC centres established 15 mother-to-mother and 15 father-to-father support groups established 70 facility in-charges, community health extension workers and health managers sensitized on interventions
Infant and Young Child Nutrition (IYCN) Objective: <ul style="list-style-type: none"> Build the capacity of healthcare workers to deliver optimal care at the community level 	<ul style="list-style-type: none"> 18 health workers and 150 CHVs trained on the Baby Friendly Community Initiative
Vitamin A Supplementation (VAS) Objectives: <ul style="list-style-type: none"> Reach at least 80% of children under 5 with two doses of VAS each year Strengthen health systems to support delivery of vitamin A 	<ul style="list-style-type: none"> Support for the implementation of Malezi Bora (Child Health Days) Improved technical capacity of 50 healthcare workers to scale up VAS coverage through routine supplementation
Nutrition Education and Weekly Iron Folic Acid Supplementation (WIFAS) for Adolescent Girls Objectives: <ul style="list-style-type: none"> Strengthen the capacity of the health and education systems to implement and monitor adolescent nutrition programming Provide WIFAS to adolescent girls and nutrition education to adolescent girls and boys at school 	<ul style="list-style-type: none"> 117,000 adolescent girls reached with WIFAS and nutrition education 197,000 adolescents reached with nutrition education 70 sensitization and community sensitization meetings held 30 trainers-of-trainers were trained 420 teachers trained 3,745,860 iron folic acid supplementation (IFAS) tablets for adolescent girls procured targeting 920 schools 46 health workers and 292 CHVs trained on adolescent nutrition
Advocacy for Budget Allocation for Nutrition Objective: <ul style="list-style-type: none"> Secure political commitments for increased nutrition investments and lobby county management for inclusion of nutrition activities in planning 	<ul style="list-style-type: none"> Supported development of the Annual Work Plan (2019-2020) Established County Anzilisha Implementation Team for health leadership Developed County Nutrition Action Plan Supported dissemination of nutrition policies (e.g. IFAS policy and VAS policy)

ABOUT NUTRITION INTERNATIONAL

Founded in 1992, Nutrition International is a global organization dedicated to delivering proven nutrition interventions to those who need them most. Working in partnership with countries, donors and implementers, our experts conduct cutting-edge nutrition research, support critical policy formulation, and integrate nutrition into broader development programs. Since 2006, Nutrition International Kenya has worked with government (national and subnational) to support research, policy development and implementation of nutrition interventions.

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