



A global leader in nutrition

- • • Founded in 1992, Nutrition International stands at the forefront of the global fight against all forms of malnutrition. We are dedicated to improving the health and wellbeing of people living in vulnerable situations, with a special focus on women, adolescent girls and children.

Our world-class expertise, combined with over 30 years of on-the-ground experience working as an expert ally to governments, donors and implementers, has enabled us to multiply impact by delivering targeted nutrition interventions at scale.

Whether it's conducting cutting-edge research, supporting policy, improving delivery or integrating nutrition into broader development programs, we make a difference, because nutrition is the difference.

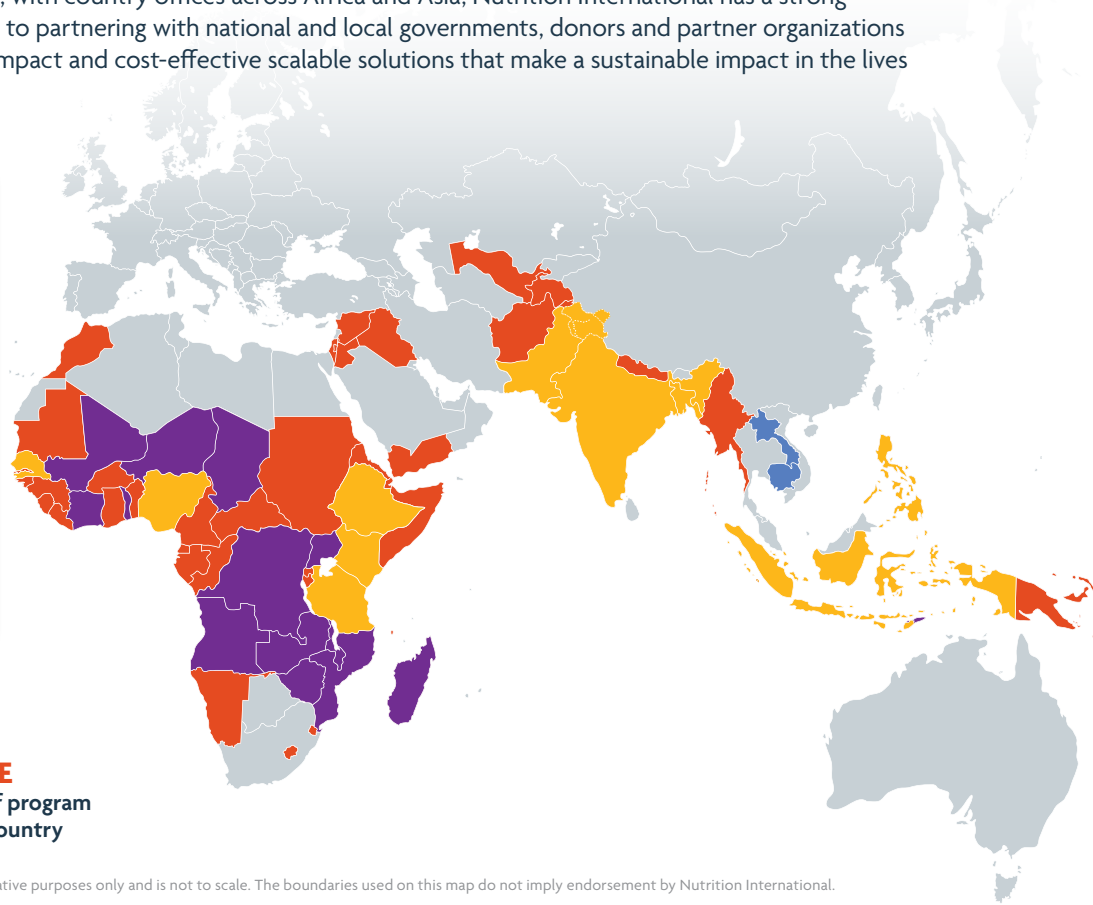
OUR GLOBAL REACH

Headquartered in Ottawa, Canada, with country offices across Africa and Asia, Nutrition International has a strong global presence. We are dedicated to partnering with national and local governments, donors and partner organizations to develop evidence-based, high-impact and cost-effective scalable solutions that make a sustainable impact in the lives of the people we serve.

LEGEND

- **Our core countries***
 - Ethiopia
 - Kenya
 - Nigeria
 - Senegal & Sahel
 - Tanzania
 - Bangladesh
 - India
 - Indonesia
 - Pakistan
 - Philippines
- **Vitamin A supplementation**
- **Technical assistance**
- **Technical assistance and vitamin A supplementation**

* Activities in core countries may include supplementation, fortification, technical assistance, nutrition advocacy, health and nutrition education, and evidence generation.



SCAN HERE
for a full list of program
activities by country

This map is for illustrative purposes only and is not to scale. The boundaries used on this map do not imply endorsement by Nutrition International.

THE IMPACT OF GOOD NUTRITION

Nutrition is the foundation of good health, educational attainment, women's empowerment and human capital. For more than three decades, Nutrition International has led the charge in delivering lifesaving micronutrients at scale to more than 60 countries around the world.

OUR HIGHLIGHTS INCLUDE*



\$42 B
in future economic benefits gained



14 B
vitamin A capsules distributed



1 B
reached with nutrition interventions



459 M
people with access to fortified foods



45 M
IQ points gained in children



34 M
cases of anaemia averted



18 M
adolescent girls consumed weekly
iron and folic acid supplements



7 M
deaths averted

* Cumulative numbers since 1992, as of March 2024.

** Through the in-kind program implemented by Nutrition International and UNICEF, with support from the Government of Canada.



OUR WORK

Nearly one-third of the world's population suffers from some form of malnutrition, resulting in countless lost lives, reduced productivity and health burdens that last a lifetime. We work to transform the lives of millions through the right nutrition at the right time.



Large-scale food fortification

Fortifying staple foods and condiments like wheat flour, rice, maize and salt with essential micronutrients is a proven, cost-effective solution to improve the health of populations at scale. We work with governments and industry partners to prioritize fortification in policies, strengthen the evidence supporting its benefits and leverage existing systems to make nutrient-adequate food more accessible and affordable.



Child survival

Our child survival interventions work to ensure that children under five survive and thrive. This includes overseeing our flagship global vitamin A capsule donation program, which procures more than 80% of the world's annual supply of vitamin A and has saved more than seven million lives since its inception. We also work to reduce preventable diarrhoea-related deaths by increasing access to quality treatment with zinc and low-osmolarity oral rehydration salts.



Maternal and newborn health and nutrition

We support scaling up integrated nutrition and health interventions for pregnant women and newborns, ensuring a continuum of care from the mother to child. This includes maternal micronutrient supplementation, interpersonal nutrition counselling, and strengthening access to antenatal, birth, postnatal and neonatal care. To reduce preventable newborn deaths and support a positive pregnancy experience, we advocate for timely and exclusive breastfeeding, delivery with skilled birth attendants and kangaroo mother care for babies born too small or early.



Adolescent health and nutrition

We advocate for adolescents' inclusion in global agendas and increased investments to address their unique needs. We deliver weekly iron and folic acid supplementation to adolescent girls to prevent anaemia, and our nutrition education interventions support adolescents to take charge of their own health. Working across sectors, we strengthen systems to meet the needs of adolescents and women, setting the foundation for them to reach their full potential.



Nutrition governance

Our team of global and local experts provide strategic technical assistance to governments, development banks, regional economic communities and others to scale up nutrition action and improve nutrition outcomes. We work across sectors and levels of government to strengthen collaboration and enhance decision-making, supporting the development, costing, resourcing, implementation and monitoring of nutrition policies and plans.



Research and development

Leveraging decades of experience and world-class expertise, our experts generate and translate context-specific evidence to inform strategy and enable public health decisions, drive innovation and expand the global knowledge base in nutrition. Collaborating with global and regional partners, governments and centres of excellence, we break down siloes and advance evidence on integrating nutrition across sectors, accelerating progress on key global indicators like anaemia and stunting. Through research, we identify approaches to increase efficiency, improve targeting and maximize the impact of existing programs on the health and nutritional status of populations. Our work equips decision makers with the best available evidence to improve nutrition policies and increase resources for nutrition.



NutritionIntl.org